



NCCA BYLAW 17.1.6.3.4 Hour Limitation Record. Countable hours must be recorded on a daily basis for each student-athlete regardless of whether the student-athlete is participating in an individual or team sport. Any countable individual or group athletically related activity must count against the time limitation of each student-athlete who participates in the activity but does not count against the time limitations for other team members who do not participate in the activity.

SPORT: WEEK OF:

WEEKLY TOTALS:	0
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DATE: _____

ASSISTANT
COACH:

[illegible]