

WASHINGTON STATE ATHLETICS OFFICE OF COMPLIANCE WEEKLY COUNTABLE ATHLETICALLY RELATED ACTIVITIES

THIS SHEET IS TO BE COMPLETED AND TURNED IN TO THE COMPLIANCE OFFICE EACH WEEK

NCCA BYLAW 17.1.6.3.4 Hour Limitation Record. Countable hours must be recorded on a daily basis for each student-athlete regardless of whether the student-athlete is participating in an individual or team sport. Any countable individual or group athletically related activity must count against the time limitation of each student-athlete who participates in the activity but does not count against the time limitations for other team members who do not participate in the activity.

All student-athletes listed on the Daily Eligibility Report must be accounted for. If a student-athlete is not listed as a deviation, it is assumed that he or she practiced according to the team's schedule. SPORT: WEEK OF: SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY TOTALS PRACTICE 0 END START MEETINGS 0 END WEIGHTS / CONDITIONING 0 END START FILM / VIDEO REVIEW 0 FND START COMPETITION 0 END START TEAM MEETING 0 END OFF DAY YES YES YES YES YES YES YES **TOTALS** 0 0 0 0 0 **WEEKLY TOTALS:** 0 TEAM CAPTAIN: HEAD ASSISTANT COACH: COACH: **SCHEDULE DEVIATIONS** COMMENTS STUDENT-ATHLETE NAME SUN MON TUE WED THU FRI SAT TOTAL 0 0 0 0 0